

Mental Health Referrals Danforth Campus



Non-urgent referrals

- **Professional Mental Health Resources:**

Center for Counseling and Psychological Services:

(314) 935-6695, (M, Tu, Th, Fri 8 to 5; Wed 10 to 5)

MHSCoordinator@wustl.edu

Book an appointment on the student portal

<https://students.wustl.edu/mental-health-treatment-direct-support-services/>

Let's Talk:

Drop-in, Free, Confidential Consultation with a Counselor

<https://students.wustl.edu/lets-talk/>

TimelyCare: 24/7/365 support: www.timelycare.com/wustl

Free virtual mental health care anytime, anywhere

The student will download the TimelyCare app and use their WashU email to register

Urgent Referrals

Center for Counseling and Psychological Services:

(314) 935-6695, (M, Tu, Th, Fri 8 to 5; Wed 10 to 5)

TimelyCare: 24/7/365 support: www.timelycare.com/wustl

The student will download the TimelyCare app and use their WashU email to register

The **Talk Now** counselor will assess the situation and determine the next steps

WUPD: (314) 935-5555 Concerns for the immediate safety of the student or yourself

Crisis Support

TimelyCare 24/7/365 support: www.timelycare.com/wustl

The student will download the TimelyCare app and use their WashU email to register

The **Talk Now** counselor will assess the situation and determine the next steps

988 National Suicide & Crisis Hotline

Call or text 988 anytime, anywhere

Crisis Text Line: Text "HOME" to 741741. For BIPOC support, text "STEVE" to 741741